13 April 1HBCT Weekly News, Announcements, and Attachments is now also available on the 1HBCT, 1st Infantry Page; please click on this link to read the newsletter. http://www.riley.army.mil/UnitPage.aspx?unit=1bct or you can also find this and much, much more on our Facebook page on at: www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref-sgm — Can you help us reach 1500 FANS? Invite your friends and Families to check out our page!

#### **Keep Current w/ Fort Riley news:**

http://www.riley.army.mil/OurPost/CurrentNews.aspx

**1ID** and Fort Riley Weekly News Update from Division: For your convenience they post for you to view in their weekly news update every week at the following link: http://www.1id.army.mil/DocumentList.aspx?lib=1ID\_FRG\_Updates.

Calling on all 1HBCT Families that have a Soldier deployed and has a child graduating from a local Fort Riley area High School this May! The local schools will have VTC's again this year at each of the graduations; afterwards will have allotted time to have a one on one with each Soldier and student. Please email your BN FRSA's or myself at <a href="mailto:noel.waterman1@us.army.mil">noel.waterman1@us.army.mil</a>. Include the following information: Soldiers full name, Soldier's Battalion, Graduates full name, High School name, State side parent contact information NLT then 17 April.

**FISHING FOR FREEDOM CORRRECTION:** There is a correction to the Division News Update the entry referring to the Fishing for Freedom Quincy, IL. Transportation will only be provided for WTB Soldiers (Warriors in Transition) and only to the first 10 that sign-up

Fort Riley's Resilient Spouse Academy: ACS is pleased to announce that Fort Riley's Resilient Spouse Academy has been recognized by the Department of the Army as a premier training for spouses and will be awarded the Quality of Life Award for Best Practices by the Secretary of the Army. We are going to continue this tradition of providing you premier training. Due to your overwhelming response for our June 20-24 academy we have added an additional weeklong academy 16-20 May. Space is limited and they are filling up fast. Childcare is available. Call ACS at 239-9435 to sign up today!!! POC: Julie Zwiebel, AFTB/AFAP (RSA) Program Manager Army Community Service Fort Riley, KS 785-239-9435

#### **Junction City Junior Baseball**

Association: Saturday, April 16 ·

10:00am - 2:00pm

**Location** JCJBA Academy-(Goodwill building-on the East side of Building) 1008 W. 6th Street Junction City, KS

Junction City Junior Baseball Association

Registration will take place in the

Academy. Bring a copy of your child's Birth Certificate and fees are due at the time of sign up. Flyers will be coming home with your child in the next few days from school

#### REAL WARRIORS CAMPAIGN CELEBRATES MILITARY CHILDREN AND

**FAMILIES** This month, in honor of military children, the Real Warriors team is offering ideas for fun activities and resources for military kids in our article, April Is the Month of the Military Child at <a href="http://www.realwarriors.net/family/children/militarychild.php">http://www.realwarriors.net/family/children/militarychild.php</a>. The Real Warriors website's Family section (<a href="http://www.realwarriors.net/family/children">http://www.realwarriors.net/family/children</a> and children. Visit our Helping Children Cope with Deployments and Reunions section at <a href="http://www.realwarriors.net/family/children">http://www.realwarriors.net/family/children</a> and check out our Resources for Military Families at <a href="http://www.realwarriors.net/family/resources.php">http://www.realwarriors.net/family/resources.php</a>.

#### **Building Resilience as an Individual Augmentee**

http://www.realwarriors.net/active/deployment/augmentee.php

Deploying with a unit or component that is not your own offers exciting opportunities to gain new experiences and work with different teams. While individual augmentees bring unique expertise and knowledge that greatly supports the overall unit, their deployment also presents unique challenges. This article outlines tips for individual augmentees to build resilience before, during and after deployment.

**Junction City High School Volleyball OPEN HOUSE:** Thursday 14 April info meeting. Please stop by to pick up info and ask questions from 5:30 - 6:45p in the cafeteria. POC: Coach Megan Parks at mgnparks@yahoo.com

**K-State's Annual Open House-** April 16<sup>th</sup>... fun begins at 9:00am. Never been? This 42 year old tradition is the biggest annual event the university runs. Over 20,000 people join in on the campus wide festivities. From food, to science experiments, to possibly a mouse walking a tight rope, it's sure to please the entire family!

**Manhattan Art Center** - Based on the beloved characters and stories of Dr. Seuss, this musical follows the adventures of Horton the elephant, who hears the voices of the tiny creatures from a spick of dust. Horton is ridiculed, ostracized and put on trial, but stubbornly persists in what he knows is true. Finally the other animals of the jungle come to understand that "a person's a person, no matter how small." Come see for yourself: April 29-May 1 & May 5-8. Thursday, Friday, Saturday, 7:30pm, Sunday 2:00pm at the Manhattan Art Center, located at 1520 Poyntz Ave.0.

**Wamego Tulip Festival -** Every spring the Wamego City Park, downtown, and many home gardens throughout town come alive with the vibrant colors of thousands of tulips. Many of the bulbs for these bright, early spring flowers came from Holland and are the backdrop for the Annual Tulip Festival. This year (24th Annual Tulip Festival) will take place on Saturday - April 16, 2011 9:00am – 6:00pm and Sunday - April 17, 2011

10:00am – 4:00pm. There will be over 150 craft vendors selling jewelry, purses, woodworking, floral, original art, pottery, candles, soap, clothing, puzzles, stained glass, baskets, hand-woven rugs, copper art, salsa, dips, photography, yard art, and more. There will be food vendors and homemade ice cream, kid's bounce house inflatable's and petting zoo, Free entertainment in the bandstand both days, a Horseshoe Tournament and Great tulip festival only deals at downtown businesses!

K-State Kid Cheer Camp – Cheer at the Spring Football Game with the K-State Cheer Team! On Saturday, April 30<sup>th</sup> from 9:00am -11:30am, K-State Cheerleading will host a cheer camp "Western Style" for ages Kindergarten – 6<sup>th</sup> Grade Boys and Girls. For more information see flyer.

<b>,</b>		
Cheer at the Spring Football Game with the K-State Cheer Team!!!		
or State Kid Cheer Com		
K-State Kid Cheer Camp		
"Western Style"		
Register Today!!!! ~Space is Limited! ~		
*When: Saturday, April 30th 2011		
*Time: 9:00 am - 11:30 am		
*Place: Brandeberry Facility (Located next to Brantage Colliseum)		
*Ages: Kindergarten – 6 <sup>th</sup> grade (Boys and girls)		
Pre-Register Today!!!!!  *Pre-registration is required in order to attend (Registrations will not be accepted after Tuesday, April 19th, 2011)		
\$40.00 per camper		
Prices include the following:		
Camp T-shirt (Designed by GTM) Camp T-shirt (Designed by GTM)		
Cowylory hat Cheer for first half of Spring Football Game * Cheer for first half of Spring Football Game* Stack. Stack		
Parants/family members must purchase a Spring Football ticket through the K-State ticket office, 1-800-221-CATS or on-line at www.k-state-sports.com. (Epring Football) ickets will not be handled through the cheer office 3 Children attending the camp will not need a ticket for the camp.		
Please return this portion, along with a check or money order made payable to KSU Cheer: (Please do not send cash in the mail)		
Participant's Name:		
Address: City: State: Zip:		
Phone Number: Parent/Guardian Name:		
Age: Male/Female (please circle one) Grade: E-mail address:		
T-shirt size (please crose one) * Please keep in mind that you will get the size that you requested on this form.  Child: S (6-8) M (10-12) L (14-16) OR Adult: S M L XL		
For More Information Visit our Website @ www.ksu.edu/cheer		
Mall navment and forms to K State Cheveleading (Western Kid Camp)		
Office #2 (785) 532 7983 Manhattan, KS 66506 Email: druoff@ksu.edu		
*Spring Football Game will be held on April 30*, 2011: Please check www.ksu.edu/cheer for times and focations.		

The Kansas Blue Ribbon Panel on Infant Mortality is hosting award-winning TV Producer, Tonya Lewis Lee on a three-city tour throughout the State of Kansas. Ms. Lee's visit is part of a statewide education campaign coordinated by the Panel in April, National Minority Health Awareness Month. WHEN: Wichita, KS - Wednesday, April 20, 2011 Host Organization: Sedgwick County Health Department, Healthy Babies Program. Contact: Susan Wilson, Program Director - sewilson@sedgwick.gov Topeka, KS - Thursday, April 21, 2011, Host Organization: The Kansas African American Affairs Commission, Contact: Mildred Edwards, Executive Director - mildred.edwards@ks.gov Kansas City, KS - Friday, April 22, 2011, Host Organization: Mother & Child Health Coalition, Contact: Susan McLoughlin, Executive Director -smcloughlin@mchc.net WHY: Researchers and health experts have sought unsuccessfully for years to determine why African American women suffer significantly higher infant mortality rates than their white counterparts. As the gap

between black and white infant deaths continues to expand, it is time to address this paradox with new approaches. Over the past decade, the infant mortality rate for Kansas has remained relatively unchanged while the U.S. rate continued to decline. In 2008, Kansas' rate of 7.25 infant deaths per 1,000 live births was higher than the national rate of 6.59 per 1,000 live births. (The national rate is based on preliminary death data published by the National Center for Vital Statistics). According to the most recent annual summary published by the National Center for Vital Statistics (2007 data), Kansas ranked first (worst) among other states for black infant mortality. Reports from the Kansas Department of Health and Environment (KDHE) Bureaus of Epidemiology and Public Health Informatics indicate the following: From 2000 - 2009, a 33 percent increase in the infant mortality rate was observed for non-Hispanic black infants. The non-Hispanic black infant mortality rate in 2009 was 2.6 times higher than the rate for non-Hispanic white infants. In 2009, Non-Hispanic black babies represent 6.8 percent of births and 15.2 percent of deaths. While the root causes of these disparities in infant mortality rates is not thoroughly understood, the operating theory has been that the high incidence of infant deaths among African Americans is attributed to higher teen pregnancy rates, single motherhood, lower education levels, poverty, stress, and-most recently suggested-genetic causes. Clearly, however, the need for new approaches to understanding this phenomenon is underscored by research disclosing that high levels of infant mortality persist, even when most of these factors are controlled. Also consider that African Americans have higher infant mortality rates in every age category. Furthermore, the genetic theory is weakened by research that shows better birth outcomes among foreign-born black women. It seems that regardless of their socioeconomic status, native-born African American women fare worse in birth outcomes compared to white women at every income and education level.

The 2011 Project Graduation Committee: Plans are underway for the 26th annual Project Graduation, an all-night substance free celebration to be held on May 15, 2011 immediately following commencement activities at Junction City High School. This is a community-wide sponsored event held for the graduating class of Junction City High School and St. Xavier High School. If you would like to make a contribution to Project Graduation, please send your check made out to "Project Graduation" and return to: Junction City High School, Attn: Project Graduation 900 N. Eisenhower, Junction City, Kansas 66441 or call Dana Wiegand at (785) 717-4245 for more information. We are also seeking volunteers to assist with set up, chaperoning, and clean up. If you would be interested in volunteering in anyway please also indicate that below and where/when you can help. This event would not be possible without the support of our community and is a time for the graduates to celebrate in a safe environment. We thank you in advance for your contribution!

#### **USD 383 Kindergartens Open Houses:**

All children who will be 5 years old by August 31, 2011 are invited to attend Kindergarten Open House. Kindergarten Open House is a time for our future students and their parents to become familiar with their new school, teachers and classrooms. Parents will be asked to provide the child's birth certificate, social security number and medical/immunization records.

If you are not sure which school your child will attend, please call the Education Center at 587-2000.

#### **USD 383 Kindergartens Open House Schedule**

Amanda Arnold - April 20 - 5:00-6:30pm Bluemont - April 21 - 4:30-5:30pm Lee - April 28 - 5:30 - 6:30pm Theodore Roosevelt - April 14 - 6:00-7:00pm Woodrow Wilson - April 14 - 6:00-7:00pm

JCHS Volleyball Camp: see flyer



Dates: June 5th 1-4p & 5-8p June 6th & 7th 9a-12p & 1-4p For All athletes entering into  $6^{th} - 12^{th}$  grades for the 2011/2012 school year

#### Limited space.

Camp Fee: \$110.00. Registrations due June 1st. Make checks payable to Megan Parks If camp is not filled then we will extend registration. Camp held at JCHS gymnasiums. The NU Cornhuskers.

\*National Champs in 2000 and 2006. •Hold numerous Big XII Championship titles.

Produce a number of All Americans every season.

Contact: Coach Parks @ 223-2701 or email mgnparks@yahoo.com

Mail registrations to: Megan Parks 7106 Hillside Dr, Milford, KS 66514		
Name of camper:		
Grade entering for 2011/2012:	Parent email	
Assumption of Risk/Release Form: I, the undersigned, hereby give permission fo attention, give appropriate medical attention in the event of accident, injury, or illness. I w medical attention and treatment. I, the unde administrators, waive, release, and forever d camp and camp staff from all rights and claim	ersigned, for my family, any heirs, executors and ischarge USD 475 and Junction City High School the so for damages, injury, or loss to person or property camp activities or while at camp, whether or not	
Parent or guardian signature:	Date:	

#### APPLICATION PERIOD OPEN FOR MILITARY CHILDREN TO ATTEND

**OPERATION PURPLER SUMMER CAMP:** The National Military Family Association is now accepting applications for its popular Operation Purple Summer Camps. This free summer camp program was developed by the Association to support military children, ages 7-17, dealing with the stress of war. Each camp is "purple" and open to children of active duty, National Guard or Reserve service members from the Army, Navy, Air

Force, Marine Corps, Coast Guard, or the Commissioned Corps of the US Public Health Service and NOAA. Applications will only be accepted online. States: Alabama, Alaska, California, Colorado, Connecticut, Florida, Georgia, Hawaii, Indiana, Massachusetts, Maryland, Minnesota, Mississippi, North Carolina, Nebraska, New Mexico, New York, Ohio, Oregon, Pennsylvania, Tennessee, Texas, Virginia, Washington, West Virginia Overseas: Okinawa, Japan. Information about the camp program, specific camp locations, ages, and dates is available on our website at www.militaryfamily.org/op. Applications will be accepted until midnight EDT April 29th. Priority is given to military children with a parent deployed or deploying anytime between September 2010 and December 2011 who have not had the opportunity to attend an Operation Purple camp in the past. Camps are free to all participants' thanks to support from Goldman Sachs Gives, the Sierra Club, and The Sierra Club Foundation.

More Summer Military Teen Camps: Would you like to spend time whitewater rafting, hiking, rock climbing, winter camping, skiing, backpacking, mountain biking, exploring the environment, running rope courses, geo-caching or practicing wilderness survival skills? What if you could do these activities with other military youth just like you? Military teens (14–18 years old) will have an opportunity to participate in adventure camps scheduled April 2011 through April 2012. These high energy, high adventure, and high experience camps are planned across the United States from Alaska to Maine and from Colorado to Georgia as well as states in between. There are even opportunities for military teens in Europe. This is the perfect chance for you to experience the outdoors as you never have before! Each camp offers a unique outdoor experience that will allow you to build your leadership, self-confidence, and teamwork skills while participating in activities like camp cooking and archery. Camps have funding available to assist with transportation costs. Camps for youth with special needs (mental, physical, and emotional) are also planned in California, Ohio, and New Hampshire. There is something for everyone!

www.extension.purdue.edu/Adventure camps/campshome.html

#### More websites for Camps:

KidsCamps.com: http://www.kidscamps.com/special\_needs/military.html Mv SummerCamps.Com:

http://www.mysummercamps.com/camps/Special\_Programs/Military\_Camps/index.html Youth Programs and Summer Camps for Kids:

http://www.wrightslaw.com/info/camps.summer.mil.htm

University of Arkansas/4-H Online: http://www.kidsarus.org/

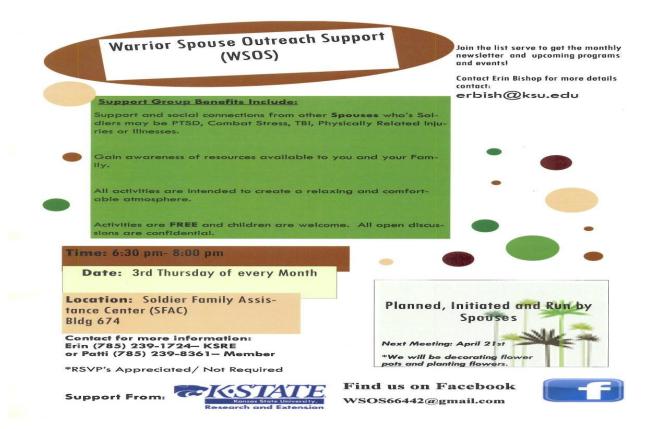
Operation Military Kids: http://operationmilitarykids.org/public/home.aspx

Sierra Club:

http://www.sierraclub.org/military/?sms\_ss=facebook&at\_xt=4da486719a5c577a,0

**FACEBOOK SECURITY TIPS:** Review your security settings and consider enabling login notifications. They're in the drop-down box under Account on the upper right hand corner of your Facebook home page. Don't click on strange links, even if they're from friends, and notify the person if you see something suspicious. If you come across a

scam, report it so that it can be taken down. Don't download any applications you aren't certain about. For using Facebook from places like hotels and airports, send the text message "otp" to 32665 for a one-time password to your account. Visit Facebook's security page, www.facebook.com/security, read the items "Take Action" and "Threats."







## April 17

Doors Open at Ipm Bingo Starts at 2pm

Adults: \$10 | Children: \$5

BRING THE FAMILY TO PLAY BINGO AND WIN GREAT PRIZES!

**Rally Point** 



FOR MORE INFORMATION VISIT WWW.RILEYMWR.COM

785-784-5434



#### **Consumer Federation of America**

1620 I Street, NW Suite 200 \* Washington, DC 20006

#### PROTECT YOURSELF FROM THE "GRANDPARENT SCAM"

You get a call or an email unexpectedly from someone who claims to be a friend or relative. This often happens to grandparents with the caller claiming to be their grandson or granddaughter. The caller says there's an emergency and asks you to send money immediately. But beware, there's a good chance this is an imposter trying to steal your money! Follow these tips to avoid becoming a victim of fraud.

- How do these scammers choose you to contact? Sometimes they contact people randomly. They also use
  marketing lists, telephone listings, and information from social networking sites, obituaries and other
  sources. Sometimes they hack into people's email accounts and send messages to everyone in their contact
  list.
- How do these scammers know the names of your friends or relatives? In some cases they don't. For instance, the scammer may say "Hi grandma," hoping that you actually have a grandson. If you ask, "David, is that you?" the scammer will say "Yes!" Often these crooks will call in the middle of the night and take advantage of the fact that you may not be awake enough to ask more questions and you may not want to disturb other people by calling them to confirm the information. Sometimes the scammers do know the names of your friends or relatives. They can get that information from a variety of sources. Your relatives may be mentioned in an obituary or on a social networking site. Your email contact list may contain the names of friends and relatives.
- What do these scammers usually say? They might say something like, "I'm in Canada and I'm trying to get home but my car broke down and I need money right away to get it fixed." Or they may claim to have been mugged, or been in a car accident, or need money for bail or to pay customs fees to get back into the United States from another country. They may also pose as an attorney or law enforcement official contacting you on behalf of a friend or relative. No matter the story, they always want you to send money immediately.
- If you realize you've been scammed, what can you do? These scammers ask you to send money through
  services such as Western Union and MoneyGram because they can pick it up quickly, in cash. They often use
  phony IDs, so it's impossible to trace them. Contact the money transfer service immediately to report the
  scam. If the money hasn't been picked up yet, you can retrieve it, but if it has, it's not like a check that you
  can stop the money is gone.
- How can you protect your email account from being used by scammers? Use a firewall and anti-virus and
  anti-spyware software. Many computers come with these features already built-in. They are also easy to find
  on the Internet. Keep your software updated. Don't open attachments in emails from strangers, since they
  can contain programs that enable crooks to get into your computer remotely.
- What else can you do to protect yourself? If you get a call or email from someone claiming to know you and asking for help, check to confirm that it's legitimate before you send any money. Ask some questions that would be hard for an imposter to answer correctly the name of the person's pet, for example, or the date of their mother's birthday. Contact the person who they claim to be directly. If you can't reach the person, contact someone else a friend or relative of the person. Don't send money unless you're sure it's the real person you know. For more information about protecting yourself from fraud, go to <a href="https://www.consumerfed.org/fraud">www.consumerfed.org/fraud</a>.



## Teen Volunteers Agency List

Volunteering is not only good for your community, but it's also good for yourself. Colleges and jobs look for volunteer work. There is a range of volunteer work you can do, so pick one that satisfies you. Enjoy volunteering! For more information contact Becky Willis at 239-9435.

Army Community Service- Becky Willis - 239-9435 Army Family Team Building- Julie Zwiebel-239-9435 American Red Cross- Helene Woods -239-1887

-Irwin Army Community Hospital

-Dental Clinics

-Vet Services

Directorate Family, Morale, Welfare and Recreation:

• Child & Youth Services- 239-9539

• Teen Center- 239-9222

• Youth Sports- Danny Durkee- 239-9222

Bowling Alley- 239-4366

• Golf Course- David Crawley- 784-6000

Auto Craft Shop- Beverly Johnson- 239-4028

Outdoor Rec.(16 years & older only)- 239-2364

Fort Riley Historical Society- hasfrpresident@hotmail.com

The Thrift Shop- Melissa or Lois- 784-3874 USO-Fort Riley- April Blackmon- 757-709-3814

**EVENING AND/OR WEEKEND HOURS AVAILABLE** 

UPDATED 4/8/11



### "Hi Mom, Hi Dad"





Date: 5 and 19 April 2011

**Title:** "Hi Mom, Hi Dad" Video recordings by children, spouses, and/or families for the deployed parent/spouse. Individual appointments. Can also be made

on other dates/days and times.

Audience: OPEN TO FAMILY MEMBERS OF DEPLOYED SERVICE MEMBERS

Where: School Age Services, Bldg. 5810

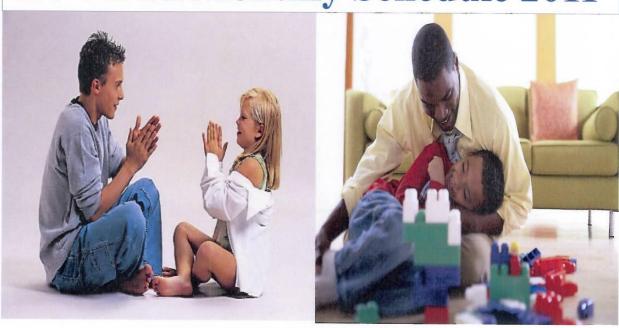
Time: 3:30-5:30pm

Additional Requirements: AV equipment, FRSA, MO

POC: Carolyn Tolliver Lee/Jerry Mulryan 239-9435



# 24-7 Dad Monthly Schedule 2011



Overview/Review (5pm-7pm)	2 Day Workshop
January 24, 2011	January 10-11, 2011
February 28, 2011	February 14-15, 2011
March 28, 2011	March 14-15, 2011
April 25, 2011	April 11-12, 2011
May 23, 2011	May 9-10, 2011
June 27, 2011	June 13-14, 2011
July25, 2011	July11-12, 2011
August 22, 2011	August 8-9, 2011
September 26, 2011	September 12-13, 2011
October 24, 2011	October 10-11, 2011
November 28, 2011	November 14-15, 2011

Overviews & Reviews will be conducted from 5 p.m. to 7 p.m. & Workshops will be held from 9:30 a.m. until 4:30p.m. at BLDG 7264 Custer Hill Army Community Services (ACS)

PLEASE CALL 785-239-9435 TO REGISTER!

# IACH SAFETY DAY 2011



When: 9 a.m. to 4 p.m. April 21

Where: Front of the hospital

POC: Melissa Hendrix at 240-7083





